

Thrive Right Now! | DSPR



I joined the Boundless Living 45 Day Challenge. Here is my final essay that I submitted.

45 Days to move beyond surviving by taking responsibility and living authentically to THRIVE RIGHT NOW!

Posted by Deborah Sue Pomeroy Reckmeyer on June 2, 2009 at 9:32pm in Round 3 Final Essays / Wrap Up

THRIVERIGHTNOW.com

To claim my Intention of the Authentic Life clearly:

1. I choose to be successful and obtain the financial freedom to follow my dreams
2. I choose to be healthy inside and out to have the freedom to follow my dreams
3. I choose to be in the right place for myself and my family to follow my dreams
4. I choose to have healthy & balanced relations filled with love so I can follow my dreams
5. I choose to create the lifestyle that allows me to follow my dreams

The business we are setting up is a reflection of the life we are (and have been) creating. We believe that by personally taking responsibility in our life and living authentically, we will be more holistic and much more sustainable. This is a step by step process... but in the process we are sharing what we have learned and are here to help those on their personal step by step process.

All that has manifested in the last 45 days:

VISION We began to weave the whole family of sites together so the vision is now comprehensible. The sites are becoming something tangible and within the bounds of fully launching by fall 2009. The goal is to be live and making money starting July 2009. We wanted to secure a strong supply force, set up our sustainable programs and build our vision. ThriveRightNow.com

RESEARCH We have been studying and researching living the authentic life, truth and consciousness for the last five years. We are ready to build our vision. We researched suppliers & affiliates and other resources.

CO-CREATION My husband is committed to closing our final retail store and embracing this 'new life' 100%. He has embraced the business heading into at least three directions directly related to the new site. [Current Status... Building and Husband getting into the zone!](#)

TOTAL CO-CREATION My children are now embracing their challenges as opportunities to master their fears and create beyond previously believed possible (one a series of books and tools to help master life (age 11) and the other a community for special young girls that feel alone and out of place to develop who they are and why they are here.

AUTHENTIC LIVING Our life we decided not to wait to actually begin living exactly was we believe to be authentic, sustainable, conscious, awake, intentional, and actively creating. We set up our bulk food system to work what we will be selling. We ordered the sustainable options that we will be offering. We planted an herb garden and put seeds to sprout. We are tilling one of our fields. We are letting the others go to seed. We signed up with a local animal rescue as a foster family. We established relationships with three

local growers and waiting for the forth to finish their new 'site.'
We have researched buying organic non GMO bulk foods for ourselves and to offer. We are raising our kids and working with all of our relations within our concept of **Multidimensional Quantum Development**, which does include removing any toxic relationship from our life.

EDUCATION Reconnected with strong study programs (EFT World Event!) to keep developing and expanding my horizons to research many, many interests to be included in our life and our business. Joined a variety of communities to find like-minded people to share resources and springboard our conscious evolution. Current Update & Ever Expanding... The beauty of creation!

SOCIAL NETWORKS Befriended many like-minded people developing their projects that are along the lines of what we are doing.

HEALTHY BOUNDARIES Reconnected with old friends to heal the past and strengthen our life. Disconnect with different circles that do not support our life.

COMMISSIONED WORK Wrote article for a newsletter:

The Future of Energy
by Deborah Sue Pomeroy Reckmeyer

BLC 45 DAY CHALLENGE

Truly the best result of this challenge is not all that was accomplished in moving our goal forward. My husband and I are A types and very hard workers. We are very capable of setting a vision into a reality. What was wonderful about this whole process was the push to achieve beyond the limits currently accepted. I faced some of my demons and have come forward in many areas. I was raised in a culture where it is accepted that you have to work hard and be good to achieve success. Now okay... the 'be good' is actually an external judgment after the fact. There are many not so good people are very very successful.

I come from a family of experts. They are professionals in their field. We are all high achievers. Now my question would be on how authentic is their life? On the surface they are successful and

should be very happy. But truly I see their lives very compartmentalized. There is not a free flowing congruence in the foundational aspects of a holistic and authentic life. When a situation came up that was not 'acceptable' instead of clearing it and taking full responsibility, life time and time again was just shifted. Basically brushed under the carpet and forgotten.

I came to the realization in this challenge that I have been waiting to be deemed 'good enough' and have worked 'hard enough' to receive all that is rightfully mine. Along the way I placed a limiting thought that I would not receive what I need until I proved myself. Somewhere deep inside there was a doubt that since I have not received more, I must be less, not good enough yet. I received a message in a dream early on, that I have all that I need. Though I kept waiting to be given more in the sense of vision or ability or success, I felt short. Like I still had not reached the threshold to receive what I longed.

Then I was asked to write the article which was a mental trip on how I saw energy in this world. Basically the question was how I see energy and used it to live my life since the day I arrived here on earth. I wrote the article and then was told to take my time. I was given 30 days to submit the finished product. I put the pages I wrote to the side and took on the EFT World Forum. I was invited to many more lectures. I researched every topic. I was so excited with all the supporting material that gave me insight. Then I re-read my paper. I barely changed a thing. I submitted three days later.

Then I received two more messages from unrelated sources saying that I have all that I need, I just need to acknowledge and accept them. Once again, I wrote out examples of how I lived my life using the energy that I saw. I realized for the first time that my innate powers I had used to survive in this world are my natural abilities. I have complete control over my own energy and how I operate in this world. I just never saw it before. No one needs to 'tell' me about energy, manifesting, activating and living authentically. I have been living fully this way all my life.

My family is a southern family where you are quiet and are not heard. You move pieces around in life like a board of chess. Deception and manipulation was the main model. Life was triangulated so that someone was always the odd man out and the

other held in high esteem.

I have always worn my emotions on my sleeve. Over time I have learned to control my emotions. I have learned to operate quietly in this world with a high tolerance and a steadfast dedication. Through this challenge I have learned that we need our emotions to empower the way we operate. This focused intention is magnified by the emotions that we bring to it. Life is empowered by our emotions. Any force needs the counter force. If something is coming at you, you need the opposite force to stop it. This is not passively waiting on your intention. This is not diligently doing to fulfill your intention. This is living wholeheartedly into your intention. That is the force of the universe.

Bottom line, I faced some of the limiting aspects of my culture, my family and my own mind to discover that I do have all that I need. I realized that even though my culture, my family and even my own mind believed that first you have to work hard to achieve success, real success is in living the authentic life. The true success of this challenge is that by embracing that I am exactly where I am suppose to be doing exactly what I am suppose to be doing, I will reach for more, be more and live more. The challenge was to get beyond the limits of my mind to live full, be authentic and love with a whole heart.

The challenge was not about doing or manifesting. I have done that all my life. To truly master manifesting you need to be centered in your soul completely and activated into connecting to source and creating your reality. I call this Multidimensional Quantum Development. First you have to be living fully and be empowered authentically, than all the possibilities of the universe is at hand.

Thank you for opening another door to my soul to live the AUTHENTIC LIFE to empower the FOCUSED INTENTION of THE CONSCIOUS CREATOR! We are off and running!



Reply by Artur Rybowicz

Deborah, I am impressed and totally speechless, excellent work, I am so happy that there are individuals like you doing such an important and needed work, I support your efforts wholeheartedly and would love to take part in your project. I am sure beyond any doubt that this is exactly what we all should be doing, joining together to raise the level of Consciousness on this Planet. You can count me IN, Congratulations!!!

Love&Joy!

Artur

Reply by Annie Haze

Wow, wow, wow, Deborah! So beautifully expressed and profound. You are doing magnificent work, and I relate so much to what you are saying. Congratulations to you and your family for focussing so beautifully on your path(s) together.

I feel that I have had some very similar experiences in the "good enough" and "worked hard enough" categories--- something to do with that old Protestant work ethic and other things about my upbringing. I have not expressed anything near the actual depth of it on this site, but it is so there. You have expressed so much of it so profoundly.

Thank you again and again. I think we are ready to make all those positive ripples in the world.

xoxoxo Annie Haze

Reply by Deborah Sue Pomeroy Reckmeyer

Delete Our journey builds on itself... the deception between what we are taught to believe, how we act and what is held up in our world is a GREAT EXPANSE!!! Give yourself some grace for being exactly where you are! I understand being driven and hard on yourself. Life is more how are ... BE ... then what we DO... now all needs to be aligned and centered... but doing without being is best left undone. Being without doing is not why we are here. I saw this challenge not as getting a fish to eat... but literally learning to fish... to find that way of being. A conscious effort to get each of us to step up to ourselves... put ourselves out there for others to see... to push ourselves beyond what we would normally do... and let the universe reveal exactly what we need right now... life is the journey. This is not a race. The competition is not between us but within us to be the best we can be... Find the joy... feel the bliss... ALL is well... and thank you so very much for your support!

Reply by Annie Haze

Thank you, Deborah. I cannot tell you how meaningful it is to me to read your words.

There are beautiful nuggets of truth that absolutely bring tears to my eyes. In a good way!! :)

I feel that I am getting closer to my true resonance, and yay---- it feels GOOD!

Hugs, and thanks again for being you,

xoxo Annie Haze
